

HEBREWS 4:1-13 — ENTERING GOD'S REST

1 THE AVAILABILITY OF REST — v.1

Therefore, since a promise remains of entering His rest, let us fear lest any of you seem to have come short of it (He.4:1)

2 THE BASIS OF REST — v.2-7

²For indeed the gospel was preached to us as well as to them; but the word which they heard did not profit them, not being mixed with faith in those who heard it. ³For we who have believed do enter that rest, as He has said: "SO I SWORE IN MY WRATH, 'THEY SHALL NOT ENTER MY REST,' " although the works were finished from the foundation of the world. ⁴For He has spoken in a certain place of the seventh day in this way: "AND GOD RESTED ON THE SEVENTH DAY FROM ALL HIS WORKS"; ⁵and again in this place: "THEY SHALL NOT ENTER MY REST." ⁶Since therefore it remains that some must enter it, and those to whom it was first preached did not enter because of disobedience, ⁷again He designates a certain day, saying in David, "TODAY," after such a long time, as it has been said: "TODAY, IF YOU WILL HEAR HIS VOICE, DO NOT HARDEN YOUR HEARTS." (He.4:2-7)

A. Personal Faith

> *Our Part*

“the gospel was preached to us as well as to them” (v.2)

“For we who have believed do enter that rest” (v.3)

B. Sovereign Decree

> *God's Part*

“works were finished from the foundation of the world” (v.3)

“it remains that some must enter it” (v.6)

C. Immediate Action

> *Time's Part*

“TODAY, IF YOU WILL HEAR HIS VOICE” (v.7)



3 THE NATURE OF REST — v.8-10

⁸For if Joshua had given them rest, then He would not afterward have spoken of another day. ⁹There remains therefore a rest for the people of God. ¹⁰For he who has entered His rest has himself also ceased from his works as God did from His. (He.4:8-10)

> *Rest Remains*

> *Ceasing from Works*

4 THE URGENCY OF REST — v.11-13

¹¹Let us therefore be diligent to enter that rest, lest anyone fall according to the same example of disobedience. ¹²For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart. ¹³And there is no creature hidden from His sight, but all things are naked and open to the eyes of Him to whom we must give account. (He.4:11-13)

> *Be Honest with Yourself*

> *The Word will Reveal the Truth*