## SEVENTH DAY - SABBATH OVERVIEW

# SEVENTH DAY

Ge.2:1-3

The first seventh day was to PRODUCE GRATITUDE for the wonder of creation.

The seventh day gives man the opportunity to thank God for creation.

 Neither Adam, nor anyone in the book of Genesis kept the Sabbath which comes later as part of the Mosaic Law.

MEANING

- There is no mention of the word "Sabbath" here, or anywhere in Genesis. God rested, not man.
   There is no command for man to rest.
- Every week we go through a cycle that is intended by God to remind us that He created the world in six days and then rested.
- Before the Fall man was without sin and no depletion of his energies occurred while he tended the Garden. As a result of sin God said, "In toil you shall eat of it all the days of your life" (Ge.3:17).

Reminds us of the beauty of God's creation

### MOSAIC SABBATH

Ex.20:8-11; 31:17; Du.5:12-15

The institution of the Sabbath was to PRODUCE REPENTANCE for the forfeiture of all that is right.

It is still a reminder that God created, but that creation is now marred. Thus, a loss of paradise and righteousness is implied.

- The Sabbath was officially instituted as part of the Law of Moses (**Ex.20**).
- The Sabbath tells us to examine our lives against the law, seeing sin, and asking for forgiveness which results in salvation.
- Every seventh day was a reminder that they were living in a fallen world.
- God made a covenant with Moses with the <u>sign</u> of the Sabbath. This was unique for the people of <u>Israel only</u>. Signs anticipate something greater. "It is a sign between Me and the children of Israel forever" (**Ex.31:17**).
- It was a sign and a symbol to lead the people to true rest and repentance.
- Observing the Sabbath without a right heart gains nothing (Is.1:13; Ho.2:11).

Reminds us of the sinfulness of our own hearts

## **CHRIST MINISTRY**

Mt.12:1-8; Lk.14:1-6

Jesus appears to have chosen the Sabbath day for His healing and other activity purposely to demonstrate something greater was needed.

#### **TRANSITION**

- "The Son of Man is Lord even of the Sabbath" (Mt.12:8). As God incarnate, He decides the true meaning of the Sabbath because He created it, and He is our Sabbath rest bringing salvation.
- "The Sabbath was made for man, and not man for the Sabbath"

  (Mk.2:27). Jesus was saying, the Sabbath rest was instituted to relieve man of his labors, just as He came to relieve us of our attempting to achieve salvation by our works.
- The Sabbath was not to be a burden which men had to conform to.
- Jesus came to embody the Law, and to fully accomplish all that was written (Mt.5:17).
- The Sabbath is part of the Mosaic Law, which is a ministry of death and is passing away (2Co.3:7).

### LORD'S DAY

Cl.2:11-16; He.3:7-11

The Mosaic system of rituals and sabbaths has been fulfilled in Christ (Ro.10:4). Thus, He brings eternal peace and rest in the New Covenant (Ro.5:1; He.7:22; 8:6, 13).

**Fulfilled in Christ** 

SACRIFICES

RITUALS

SABBATHS

CIRCUMCISION

#### **FULFILLED**

- The ceremonial observances are fully satisfied in Christ (He.10:1).
- We have been given righteousness, and we rejoice, we rest, in that gift.
- When you enter the rest of grace and faith, you ceased trying to earn your salvation.
- The "rest" the NT writers are concerned about is spiritual heart salvation rest in Christ, not a calendar Sabbath observance (He.4:1-13).
- Paul pulls together two signs that have been fulfilled in the New Covenant (Cl.2):
  - 1. The sign of the Abrahamic covenant of circumcision (Cl.2:11).
  - 2. The sign of the Mosaic covenant (Cl.2:16-17) of the Sabbath.

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